
Cast all your
anxiety
on him
because he cares
for you.

1 Peter 5:7 //

But Jesus immediately
said to them:
“Take courage! It is I.
Don't be afraid.”

Matthew 14:27 //

I keep my eyes
always on the Lord.
With him
at my right hand,
I will not be shaken.

Psalm 16:8 //

Therefore
my heart is *glad*
and my tongue rejoices;
my body also
will rest *secure*

Psalm 16:9 //

I call out to the Lord,
and he answers me
from his holy mountain.
I lie down and sleep;
I wake again, because
the Lord *sustains* me.

Psalm 3:4-5 //